

# 0-2s

meeting with Jesus

Start a routine with your child which includes spending time with Jesus each day.

Some ideas are:

- Read a Bible story together at bedtime.
- Pray before you eat a meal.
- Say the Lord's prayer before bed time.

Use this simple prayer with your child and encourage them to say something they want to say thank you for. This works well at bedtime to give you a chance to reflect on your day together. Also, don't worry if their prayers are a bit random!

THANK YOU JESUS FOR...

Create windows!

This is a Parenting for Faith tool which reminds us to let our children see us spending time with Jesus. Read your Bible around them, worship in the car, pray in front of them, take them to church and show them what being a disciple looks like. They will pick these things up from us and hopefully learn from us!

Have some sensory play worship times!

Blow some bubbles and as they pop say some thank you prayers. Use shakers and scarves and sing songs to Jesus. Talk to them about God's creation as you go on a walk; feel some leaves, listen to the birds, touch the tree bark.

No matter what age your child is, they can meet with God.

The Holy Spirit speaks to children at all stages of life.

As early as age 0-2, we can begin to introduce our children to Jesus and help them start this journey of faith with Him.

Encourage 'talking to Jesus' in situations throughout the day. If your child falls and hurts themselves, you can pray for Jesus to heal them. If your child is sad, you can tell them that Jesus is with them. If you see an ambulance with sirens on, you could pray for the poorly person to get better.

At this age, your children will like learning songs – especially Nursery Rhymes with actions. It's good to also introduce them to worship songs with actions so they can learn them too!

SPM

St Peter's Morley